

# 2010 Ontario Hershey Final Meet

DATE: Sunday June 27<sup>th</sup>, 2010  
VENUE: Etobicoke Centennial Stadium  
SANCTIONED BY: Hershey  
TIME: 9:00 A.M START  
HOSTED BY: API Track & Field Club  
MEET DIRECTOR: Tim Bethune E-Mail: [tim@apisport.ca](mailto:tim@apisport.ca)

## EVENTS

<b>9/10 year olds</b>	<b>11/12 year olds</b>	<b>13/14 year olds</b>
50 meter	100 meter	100 meter
100 meter	200 meter	200 meter
200 meter	400 meter	800 meter
400 meter	800 meter	1600 meter
4x100 meter	4x100 meter	4x100 meter
Standing Long Jump	Standing Long Jump	Standing Long Jump
Softball Throw	Softball Throw	Softball Throw

**\*4x100 relays in the 9/10 and 11/12 age groups will be held at the Provincial meet only. These events will not qualify for the North American Final**

## ELIGIBILITY

Top Two finishers at qualifying meet.

## General Rules

- **Participants can compete in either 2 track + 1 field or 2 field + 1 track event at the provincials providing that they have qualified for the event at the local meet. The track events include the relay with the exception of the 9/10 and 11/12 relays who do not progress do the North American Final.**
- Participants must report on time to their event.
- If there is a tie for first place, there will be a run off for the running event. In the field events the contestant with the best second throw or jump will be declared the winner.
- This meet will be held rain or shine.

## Disqualifications

### **Any of the following can result in a participant's disqualification:**

- Competing in more than one local and/or district meet.
- Competing in the wrong age group.
- Aiding a participant directly or indirectly (accompanying participant to starting area, running along side participant, or being stationed at points along the track to aid or coach participant).
- Second false start.
- Interference.
- Lane infraction.
- Unsportsmanlike conduct (e.g. throwing a baton).

## Equipment

- No spikes or shoes designated for spikes will be allowed on the track.
- In field events, any shoes designed for turf surface sports (natural or artificial) are not allowed.
- No athlete will be allowed to compete in bare feet.
- Jewelry, sunglasses (except prescription) shall not be allowed during competition.

## Track Rules Highlights

- Starting blocks are not permitted.
- Each running competitor is allowed one false start.
- A regulation baton must be used in relays. It may not be wrapped with tape.

## Field Rules Highlights

- A participant may be excused from a field event to participate in a running event.
- The individual must return directly to the field event following the running event.

## AWARDS

RIBBONS WILL BE GIVEN OUT TO THE TOP EIGHT PLACES IN EACH EVENT. T-SHIRTS AND PARTICIPATION CERTIFICATES WILL BE GIVEN TO ALL COMPETITORS.

### MEET INFORMATION:

CALL KELLY BETHUNE AT (416) 528-2253 OR [kelly@apisport.ca](mailto:kelly@apisport.ca)

### MEET SCHEDULE

Please refer to the schedule below; this timetable may be adjusted depending on the number of entries. Times are approximate - please prepare your athletes accordingly, if the meet is running ahead or behind.

### PARTICIPANTS AND SPECTATORS:

For security reasons, only athletes with a number, coaches with identification and officials with proof of status will be allowed in the field of competition

## ONTARIO HERSHEY FINAL ENTRY FORM

By finishing first or second in your area qualifying meet, you are now eligible to compete in the Ontario Hershey Finals on June 27, 2010. It is your responsibility to mail/e-mail this form to the meet director before June 20, 2010.

**Please Print** (For Canadian Participants, please use name listed on passport.)

Name

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(Last) (First) (Middle Initial)

Address

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City \_\_\_\_\_ State/Province \_\_\_\_\_ Zip/Postal \_\_\_\_\_  
Phone Number (\_\_\_\_) \_\_\_\_\_ Date of Birth: Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_  
Parent/Guardian E-mail \_\_\_\_\_

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T-Shirt Size: YM YL AS AM AL AXL (*Circle Choice*)

**Note: Shirt size needed for North American Final (*if qualified*).**

**Age groups 9-10 and 11-12, 4x100 Relays, will not qualify for the North American Final.**

Event Qualified

Time or Distance Achieved

1. \_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

3. \_\_\_\_\_

\_\_\_\_\_

Location and date of qualifying meet

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Please mail or e-mail this form to:

TIM BETHUNE, ENTRIES CHAIRPERSON  
API TRACK AND FIELD CLUB  
1777 TRUSCOTT DRIVE  
MISSISSAUGA, ON L5J 1Z8  
[tim@apisport.ca](mailto:tim@apisport.ca)

**TENTATIVE SCHEDULE**  
 (Final schedule will be posted the day of the meet)

Time	TRACK	FIELD
10:00 AM	1600m Timed Sections - 13/14 (G/B)	Standing LJ – 11/12 (G/B) Softball Throw – 13/14 (G/B)
	50m Heats – 9/10 (Girls/Boys)	
	100m Heats - 11/12 (G/B), 13/14 (G/B), 9/10 (G/B)	
	400m Timed Sections - 9/10 (G/B), 11/12 (G/B)	Standing LJ –9/10 (G/B) Softball Throw – 11/12 (G/B)
	50m Finals 9/10 (G/B)	
	100m Finals 11/12 (G/B), 13/14 (G/B), 9/10 (G/B)	
	LUNCH	
1:00 PM	200m Timed Sections - 9/10 (G/B), 11/12 (G/B), 13/14 (G/B)	Standing LJ – 13/14 (G/B) Softball Throw –9/10 (G/B)
	800m Timed Sections 11/12 (G/B), 13/14 (G/B)	
	4x100m Relay - 9/10 (G/B), 11/12 (G/B), 13/14 (G/B)	

Timed Sections will be run slow to fast by age group, girls then boys

SANCTIONED BY:

THE HERSHEY TRACK AND FIELD GAMES

**RELEASE WAIVER AND INDEMNITY**

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant of competitor in the

2010 ONTARIO HERSHEY FINAL FORM

I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE

**THE HERSHEY TRACK AND FIELD GAMES  
API TRACK AND FIELD CLUB  
CITY OF TORONTO  
ATHLETICS CANADA  
TIM BETHUNE  
KELLY BETHUNE**

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FORM ALL claims, demands, damages costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in the event.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Signature