

Dr. Alana Shaw - Naturopathic Doctor

Health and wellness has been a priority for Dr. Alana Shaw since her days as team captain of McMaster University women's varsity basketball team; it was being 'on top of her game' that led her to receive such high honours as OUA all-star, Academic All-Canadian and Marauder Scholar while studying for her Bachelor of Science.

This interest in wellness led her to four years of intensive studies at the Canadian College of Naturopathic Medicine (CCNM) in Toronto, and then later to complete her clinical training in mind/body medicine through Harvard Medical School and the Mind/Body Medical Institute in Boston. She has also completed training in sports medicine, pain management, and parenteral (IV) therapy. Alana has an interest in women's health concerns - specifically fertility management, menopause and polycystic ovarian syndrome.

Dr. Shaw uses her experience as an elite level athlete in her role as the naturopathic doctor and assistant coach for the University of Western Ontario's women's basketball team, and as the N.D. for several of London's elite runners.

Dr. Shaw has been a speaker for a wide variety of groups in the London area, which include the University of Western Ontario Medical School, McMaster University, Riverbend Golf Community and Runners Choice. She is available for speaking engagements on request. Dr. Shaw is a member of the Association of Perinatal Naturopathic Doctors (APND) and is also a member of the board of directors of Drugless Therapy-Naturopathy, the Ontario Association of Naturopathic Doctors, and the Canadian Association of Naturopathic Doctors.

Alana Shaw, ND
Naturopathic Doctor
Priority Massage and Health
172 Wortley Road, London ON N6C 3P7
Clinic: 519.642.7469